

Name of the course

Paper No.

Name of the paper

Semester

Duration: 3 Hours

: Master of Physical Education (M. P. Ed.)

: MPE-0803(vi)

: Game of Specialization: Football

: II (May/June 2025)

Your Roll No.....

Maximum Marks: 50

**Instructions for students**

- Write your Roll No. on the top right side of this question paper.
- Attempt any five questions.
- All questions carry equal marks.

- Q1. Construct a football field with the complete specifications as per FIFA rule. (10)
- Q2. Discuss four coaching techniques commonly employed in football. (10)
- Q3. Prepare a three-month coaching schedule for a state-level football team. (10)
- Q4. Elaborate the psychological attributes that enhance performance during a football match. (10)
- Q5. Define 'safety' in the context of football. Outline the strategies to prevent injuries and assess safety measures during matches. (10)
- Q6. How you will evaluate the performance of the Indian football team post-match? Explain. (10)
- Q7. Construct a coaching lesson plan on any one skill of Football. (10)
- Q8. Write short notes on any two:
- (a) Discuss the principles of personnel management within a coaching framework. (5)
  - (b) Principle and objectives of coaching (5)
  - (c) Offensive and defensive systems in play (5)